

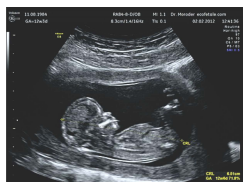


A Best Choice Mobile Ultrasound & Pregnancy Resource Center



December 2019 NEWSLETTER

ABC has news to report and the best place to start is with thanks to you: due to your generous support in 2019, A BEST CHOICE has:



- **Counseled 175 women**
 - **Given 131 free ultrasounds**
- And saved 31 babies (including two sets of twins) through offering ultrasound and counseling!**

With your help 29 abortion-minded women chose life for their babies!

A couple stories of the women we help thanks to your generosity...

Margaret, and her three children (ages 4-9) made the decision to sell her car in order to rent a room to escape an abusive relationship with the children's father. She found herself pregnant again and called us saying that she was considering an abortion, telling us that she and the children were living together in crowded conditions in a single room in a townhouse and could barely afford the rent from her disability check. She had no job, was receiving food stamps and would need financial assistance to continue staying in the room, so we made an appointment for her to have an ultrasound and to see how we could help her.

Margaret's friends were telling her to abort because she already had three children and couldn't "afford" to have another child. But when Margaret saw her baby on ultrasound, she fell in love with her baby and chose life! She later gave birth to a little boy named Amir.

Mom and baby are doing fine and A Best Choice Mobile Ultrasound is helping her with part of the rent and utilities, and trips via Uber until she finds a job. She is hopeful that day will come soon.

This story would have ended with loss and sorrow if it weren't for your generous support of A Best Choice. Thank you for everything you do to help us protect the lives of the unborn!



Avian
8/27/19



Sanu
7/26/19



Ky'air
9/25/19



Perrier
11/11/19



Zaynes
6/15/19

Vickey, called us on a Saturday wanting an abortion. I told her about the 24 hour waiting period and requirement to obtain an ultrasound before getting an abortion. We found out that she had just moved from New York and was living with her sister in Petersburg, which was about two hours away from Northern Virginia. I counseled her on the phone and told her that abortion was not the right choice for her physical, spiritual and mental health and that there was help that we could offer to her. I quickly called Heartbeat International's hotline to find a pregnancy resource center close by that could offer her more counseling and a free ultrasound.

We credit Divine intervention that there was a pregnancy resource center in Richmond that could see her that day. The Director of the center said that they gave her a free ultrasound which showed that she was fifteen weeks pregnant and started to lean more towards life. It turns out that Vickey's sister, who she is living with, can't have children and offered to adopt her baby! God works in amazing ways!

ABC's mission continues even after we help a pregnant woman choose life. We offer moral support for her life-affirming decision and financial support for rent, utilities, transportation along with referrals for pre-natal care and housing.

In order to provide our services, our mission requires a steady flow of funds. And, with just a few more weeks left in this year I am writing to you today, to ask for your support with our pro-life mobile ultrasound ministry.

It is no exaggeration to say that ABC, the pro-life movement-and you , our supporters- are engaged in a great spiritual battle being waged in our nation for the lives of innocent babies and the welfare of mothers facing an unexpected pregnancy. Many feel pressured by the father of the baby, family members, and friends to have an abortion, mostly due to financial conditions.

Pressured to abort and left to fend for themselves, many of these women-often from unstable homes-feel abandoned. And they are. It is heartbreaking to see women facing an unplanned pregnancy knowing the pressure and poverty so many face.

But on their trip to the abortion clinic something happened: by the hand of God, they found us in their path and we found them a path to choose life, a blessing for them and for us.

This season's images of the baby Jesus remind us of the importance of one life...that life is precious and that life must be protected.

As a nonprofit ministry, we largely exist on the prayers and gifts of supporters like you. Seeing a baby saved from abortion and given a chance for life...and seeing mothers spared the regret of abortion and the joy of holding their babies makes our work fulfilling beyond description.

I hope you will help us close out this year with the best year-end gift that will sustain us and our mission through the coming year. We are a candle in the darkness and God continues to use us- and you- to be the light to these women in crisis pregnancies.

Thank you for whatever donation you can provide. Have a blessed Christmas and New Year!

Your Help is Needed!

We are continuing to be a presence in Alexandria and Falls Church, located close to the abortion mills, as well as traveling to Manassas and Woodbridge. In order to continue offering free ultrasounds to women in unplanned pregnancies, I'm asking you today for two things:

1. **Your Prayers.** Please offer prayers asking God to bless our work and to inspire the women we see to choose life for their children.
2. **Your financial assistance.** Your tax-deductible donation is critically needed in these next few weeks to support our operations so we can continue to protect the lives of the unborn.

Our efforts have real impact because we show women their baby on ultrasound and counsel them, offering much emotional and financial support.

Can I count on you for both prayers and your financial gift as we advance the right to life through ultrasound and counseling, one woman at a time, with the message of life? Your support today will ensure we have every resource to defeat the monstrous culture of death by our pro-life presence and life-saving ultrasound.

We can now also accept gifts of stock.

If you would like to make a tax-deductible donation online, please visit our website at:

www.abestchoice.us

or you could mail a donation to:

A Best Choice Mobile Ultrasound, P.O. Box 7450, Woodbridge, VA 22195
with the enclosed envelope.

To contact us directly, please call (703) 946-3077.

Thank you for your prayers and your generosity! May God bless you!

Sincerely,
Angela Clark

P.S. Your help will be critical in helping us change hearts and minds. Please consider making your most generous gift at this time to A Best Choice Mobile Ultrasound so we can continue to report on success stories like Margaret and Vickey. Thank you!

Pro-Life Presentation to Youth

We have been on the road taking our wonderful, Diocesan-approved, pro-life presentation, When a Friend Says, "I'm Pregnant" to parish youth groups and Catholic schools. John Murray, Pro-Life Coordinator at St. Mary of Sorrows, developed the presentation which he and Angela Clark present. It provides critical information that young people need to help a friend who experiences an unplanned pregnancy. We have given the presentation at George Mason University, Bishop O'Connell High School, and the parishes of Christ the Redeemer, Our Lady of Angels, St. Francis de Sales, and St. Veronica. If you are interested in having us give a presentation to your church youth group or school, please call (703) 946-3077 to set a date. There is no charge for the presentation.

In Defense of the Unborn

Virginia Governor Ralph Northam made the hideous statement that if a baby survives an abortion, the baby should be kept "comfortable" and a conversation would ensue between the mother and her doctor to decide if the baby should live or die. This comment sparked moral outrage across the U.S. and as a result, many states introduced Heartbeat Bills to protect unborn children once their heartbeat is detected, usually at six weeks.

Ideally, a bill for the protection of "Life at Conception" is what pro-life legislators are aiming for, but every law we can acquire to defend the lives of the unborn will work toward our fight for protecting them from conception to birth.

Please encourage your legislators to support pro-life bills.

Psalm 139: For you formed my inward parts, you knitted me together in my mother's womb. I praise you, for I am fearfully and wonderfully made. Wonderful are your works; my soul knows it well. My frame was not hidden from you when I was being made in secret.